Their support was really reassuring.

Support for you in your role as a Relevant Person’s Representative (RPR)
You can get support from an advocate to help you feel confident about your role and rights as a Relevant Person’s Representative.

An advocate is an independent professional who is on your side. They can support you to have your say and know your rights.

- Advocates don’t work for the council, the NHS, or care providers.
- You don’t need to pay for an advocate.

Your advocate can help you understand your friend or relative’s deprivation of liberty authorisation and the options you have. For example, they can explain:

- the effect of the authorisation and why it was made
- how to request a review of the authorisation
- the ‘conditions’ the care home or hospital must meet
- complaints procedures you can use
- how you can make an application to the Court of Protection to get the authorisation changed or ended

You can ask for help from an advocate at any point during your role as an RPR. We offer support on the phone in the first instance, but we can also meet with you if you need us to.

The type of advocate you can get as an RPR is called an Independent Mental Capacity Advocate (39D IMCA).

To get an advocate, contact us: helpline@voiceability.org, 0300 303 1660 or voiceability.org