

Contact us

 0300 222 5947

 General enquiries:
CWAdvocacy@voiceability.org

 voiceability.org/Coventry&Warks

This information is available in other languages and formats.
Please contact us for a copy.



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IMHA is part of our wider Health Advocacy service, which also includes NHS Complaints Advocacy and General Health Advocacy.
For more information, please visit our website.

IMHA

Independent Mental
Health Advocacy



Independent

Free

We can help you
to be fully involved
in decisions
about your care
and treatment

Confidential



 VoiceAbility

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 VoiceAbility
Health Advocacy

Who can get an Independent Mental Health Advocate (IMHA)?

We offer advocacy to patients living (or registered at GP) in Coventry and Warwickshire who:

- are being treated in local mental health hospitals OR
- are accessing local NHS community-based mental health services.

How can advocacy help me?

An advocate can support you to:

- be fully involved in decisions being made about you, your treatment or your care
- access information about your rights under the Mental Health Act
- discuss your aftercare options
- apply and prepare for a Mental Health Tribunal
- raise any concerns that you have.

If you are receiving mental health services in the community, the IMHA can also support you to access specialist support to resolve issues that you may be facing, such as issues related to housing, benefit entitlement, employment or family law.



What does an advocate do?

We will:

- listen carefully to what you tell us about your views and feelings
- support you to speak up or speak up on your behalf if needed
- make sure you are fully involved in decisions being made about you.

If you choose to work with an IMHA, you have a right to end that support at any time you wish to.

The advocacy service is:

- free
- confidential
- independent. Our advocates are not a member of the medical or social care team.



How do I find an IMHA?

You can contact us directly or ask medical staff to refer you. Our contact details are on the back of this leaflet. If you are in hospital, you can speak to us when we visit your ward.

