See at a glance who is eligible for advocacy and when you must make a referral.

Advocacy Services
A guide for professionals working on the University Hospital Lewisham Discharge Project

Contact us:
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Need this leaflet in another format? Contact us and we will help you to get the information you need.
If in doubt about which service you need, **just make a referral**. We will work together to get the person the appropriate advocate.

<table>
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<tr>
<th>Advocates’s Role</th>
<th>Independent Care Act Advocacy</th>
<th>Independent Mental Capacity Advocacy (IMCA)</th>
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| Advocate’s Role  | To support the person to understand their rights under the Care Act and to be fully involved in:  
  - Needs assessments.  
  - Care and support planning.  
  - Care reviews.  
  - Safeguarding enquiries and adult reviews.  
|                   | To represent someone if a best-interest decision is being made about long term accommodation. |
| Eligibility       | Without support, the person will find it very hard to:  
  - Understand information necessary to fully engage with care and support processes.  
  - Retain information for long enough to be fully involved.  
  - Weigh up information to make their own decisions.  
  - Communicate their wishes and views.  
  
  **AND** they do not have any appropriate, able and willing family or friends to support the person’s active involvement.  
|                   | When the person is assessed to ‘lack capacity’ to make the specific decision. This means:  
  - The person has an impairment or disturbance of the mind (e.g. a brain injury, dementia, autism, learning disabilities, mental health problems) **AND**  
  - They are unable to understand or retain information for long enough to make the decision, weigh up information to make the decision or communicate their decision.  
  
  **AND** there are no family or friends considered appropriate to consult about the decision. |

### Your duty to refer to independent advocacy

Professionals have a duty to refer eligible people to independent advocacy under the Care Act and the Mental Capacity Act. Independent advocacy is a statutory right for individuals who, without independent support, are unable to be involved in making important decisions about their lives. Eligibility criteria for advocacy prioritises those most in need.

Advocacy is there to ensure:

- People are involved in decision-making about their health and care as much as possible or are represented where required.
- Their views and wishes are sought and listened to.
- Their rights are respected.

### What does an independent advocate do?

- Seek the person’s views, wishes and preferences.
- Help the person to know their rights and communicate what they want.
- Support the person to understand information, processes and decisions.
- Support the person to challenge decisions they are unhappy with, or do so on their behalf if required.
- Work with professionals to keep the person and their wellbeing at the centre of the care process.
- The advocate has the right to access the person’s records if they lack capacity or the person wishes them to.
- An advocate may write a report outlining their findings that must be taken into account by professionals.