Total Voice services will:

- Support you to be heard
- Help you understand your rights, choices and options
- Enable you to make your own decisions about health and social care
- Get support from the people around you in your community
- Give the people around you the skills to support you
- Give you the tools to do as much as you can for yourself
- Encourage you to make your own decisions about health and social care
- Help you understand your rights, choices and options
- Support you to be heard

Total Voice is a partnership of specialist advocacy organisations, VoiceAbility, Cambridgeshire Deaf Association and NYAS. Between us, we provide a range of advocacy and community services across the Cambridgeshire and Peterborough area.

A referral form and guidance can be downloaded from our website totalvoicecp.org.

Need support to speak up?

We are here for you

Contact us on:

0300 222 5704
Textphone 07860 018481

ttcp@voiceability.org

www.totalvoicecp.org

Available for deaf and hearing impaired people

For Children and Young People who would like to speak with a NYAS advisor, please call 0808 808 1001 or email help@nyas.net

Need this leaflet in another format?
Contact the Total Voice team on 0300 222 5704 and we will help you to get the information you need.

Free Independent Confidential

Who can use Total Voice services?

We support Adults, Carers and Children and Young People Looked After or In Need. Our service can support people with:

- Physical disabilities
- Learning disabilities
- Autism
- Mental ill-health
- Sensori-motor impairments
- Learning difficulties
- Physical disabilities
- NHS Health complaints
- Social or health care needs
- Advocacy Improvements
- Mental health
- Autism
- Learning difficulties
- Physical disabilities

NYAS Charity number 1012485
CDA Charity number 1062578
VoiceAbility Charity number 1076630
Company number 3798886

Supporting you to be heard, to understand your rights, choices and options and to make your own decisions about health and social care.
Supporting you to be heard, to understand your rights, choices and options and to make your own decisions about health and social care.

VoiceAbility Charity number 1076630. Company number 3798884. CDA Charity number 1062578. NYAS Charity number 1012485.

Available for deaf and hearing impaired people

Getting the right service for you:

When you contact the Total Voice team, we will listen to your experience and work with you to make sure you get the right service for you.

If Total Voice cannot give you the support you need, we can let you know which local organisation might be better for you. We can even contact them on your behalf if you want us to.

Communication

We will support you to access an interpreter or a BSL practitioner if you need one.

Your advocate will do all they can to make sure that any information meets your own communication needs.

Total Voice is...

A partnership of specialist advocacy organisations, VoiceAbility, Cambridgeshire Deaf Association and NYAS.

Between us, we provide a range of advocacy and community services across the Cambridgeshire and Peterborough area.

Who can use Total Voice services?

We support Adults, Carers and Children and Young People Looked After or In Need. Our service can support people with:

- Physical disabilities
- Learning disabilities
- Autism
- Mental ill-health
- Sensory impairments
- Social or health care needs
- NHS Health complaints

To find out more information about which services you can access, please visit www.totalvoicecp.org or get in contact with us.
Total Voice services will:

- Support you to be heard
- Help you understand your rights, choices and options
- Enable you to make your own decisions about health and social care
- Get support from the people around you in your community
- Give the people around you the skills to support you
- Give you the tools to do as much as you can for yourself

Who can use Total Voice services?

We support Adults, Carers and Children and Young People Looked After or In Need. Our service can support people with:

- Physical disabilities
- Learning disabilities
- Autism
- Mental ill-health
- Sensory impairments
- Social or health care needs
- NHS Health complaints

To find out more information about which services you can access, please visit www.totalvoicecp.org or get in contact with us.

Getting the right service for you:

When you contact the Total Voice team, we will listen to your experience and work with you to make sure you get the right service for you.

If Total Voice cannot give you the support you need, we can let you know which local organisation might be better for you. We can even contact them on your behalf if you want us to.

Communication

We will support you to access an interpreter or a BSL practitioner if you need one.

Your advocate will do all they can to make sure that any information meets your own communication needs.

Total Voice is...

A partnership of specialist advocacy organisations, VoiceAbility, Cambridgeshire Deaf Association and NYAS.

Between us, we provide a range of advocacy and community services across the Cambridgeshire and Peterborough area.
Total Voice will support you to:

- Talk about your situation
- Identify what you want to happen
- Make a plan and work towards it

Sometimes you might want us to:

- Explain what rights you have
- Find out information for you
- Let you know the choices you have
- Help you make important decisions
- Help you prepare for meetings
- Go to meetings with you or on your behalf
- Support you to raise concerns or make a complaint

**Total Voice Services**

- **Dedicated support line**
  Knowledgeable advocates can support you to get the information and tools you need to help yourself.

- **Local Website**
  With service information and self help tools.

- **Group Advocacy**
  Sometimes lots of people have similar issues. Voices are stronger together.

- **Community Workshops**
  Your friends and family can be helped to better support you during care and support processes (like assessments and reviews).

- **Peer Support**
  Work with trained volunteers who have lived experience of using health and social services.

- **Face to Face Advocacy**
  Professional advocates will work with you individually when you need them, at a place that suits you.

Contact: 0300 222 5704
tvcp@voiceability.org
www.totalvoicecp.org
Total Voice is a partnership of specialist advocacy organisations: VoiceAbility, Cambridgeshire Deaf Association and NYAS. Between us, we provide a range of advocacy and community services across the Cambridgeshire and Peterborough area.

A referral form and guidance can be downloaded from our website totalvoicecp.org.

Getting the right service for you.

When you contact the Total Voice team, we will listen to your experience and work with you to make sure you get the right service. When you contact the Total Voice team, we will listen to your experience and work with you to make sure you get the right service.

Need support to speak up?

We are here for you.

For Children and Young People who would like to speak with a NYAS advisor, please call 0808 808 1001 or email help@nyas.net.

For Children and Young People who would like to speak with a NYAS advisor, please call 0808 808 1001 or email help@nyas.net.

Total Voice services will:

- Support you to be heard
- Help you understand your rights, choices and options
- Enable you to make your own decisions about health and social care
- Give you the tools to do as much as you can for yourself
- Help you understand your rights, choices and options
- Support you to be heard

To find out more information about which services you can access, please visit www.totalvoicecp.org.

Total Voice services will:

- Support you to be heard
- Help you understand your rights, choices and options
- Enable you to make your own decisions about health and social care
- Give you the tools to do as much as you can for yourself
- Help you understand your rights, choices and options
- Support you to be heard

We support Adults, Carers and Children and Young People looked after in Need. Our service can support people with:

- Physical disabilities
- Learning disabilities
- Autism
- Mental ill-health
- Sensory impairments
- Social or health care needs
- NHS Health complaints
- Special educational needs
- Family breakdowns
- Learning difficulties

Who can use Total Voice services?

We support Adults, Carers and Children and Young People looked after in Need. Our service can support people with:

- Physical disabilities
- Learning disabilities
- Autism
- Mental ill-health
- Sensory impairments
- Social or health care needs
- NHS Health complaints
- Special educational needs
- Family breakdowns
- Learning difficulties

Need this leaflet in another format?

Contact the Total Voice team on 0300 222 5704 and we will help you to get the information you need.

Available for deaf and hearing impaired people.

Free Independent Confidential